



Forest of Hearts Risk Assessment

Activity Name:	Green Therapy	Persons at risk:	Attendees & Forest of Hearts Facilitators
Activity Location:	Stratford Hospital, CV37 6NX	Assessor Signature:	<i>T. Davidson</i>

Hazard Evaluation (Potential source of harm)	Risk Level (L,M,H)	Control Measures to Further Minimise the Risk
Vehicle Movement– risk of collision (people vs vehicle)	M	<p>Drivers are given access to public parking spaces in multi-story car park.</p> <p>Drivers to keep a slow speed whilst driving through hospital.</p> <p>Attendees to stay vigilant of any cars travelling on the road and must stay on the pedestrian pathways provided.</p>
Slippery Surfaces (Usually due to weather conditions)	M	<p>Ensure good housekeeping.</p> <p>Arrange an alternative bypass route.</p> <p>Advise attendees to wear appropriate footwear.</p>
Uneven Surfaces or loose paving slabs.	M	<p>Ensure good housekeeping.</p> <p>Slabbed area will be thoroughly assessed beforehand.</p> <p>Member of Forest of Hearts team will ensure attendees are aware of any when welcoming attendees at the entrance.</p> <p>Barriers erected to restrict entry if area too unsafe.</p>

Trips, Falls.	M	<p>Keep pathways clear at all times, including those in outside and indoor working areas.</p> <p>Make attendees aware of uneven ground in the gardens.</p> <p>Avoid leaving tools around the area when not in use and tidy up frequently between activities.</p>
Using Tools (Spades, Trowels).	M	<p>Tool maintenance and safety checks made when setting up equipment.</p> <p>A Forest of Hearts facilitator will perform a demonstration on how to use the tools correctly.</p> <p>Ensure use of suitable PPE – Gloves, to prevent cuts and provide adequate grip.</p> <p>First aid kit on site.</p>
Moving heavy equipment	M	<p>Apply safe manual handling work practices.</p> <p>Forest of Hearts will assess each manual handling situation.</p> <p>Attendees to only move things if physically fit and able to.</p> <p>Ensure attendees carry large/heavy items in pairs and not by themselves.</p>
Weather conditions – too cold/wet/windy	M	<p>Advise attendees to wear appropriate footwear and clothing to suit the weather during pre-session information sent to WhatsApp group.</p>

		<p>Move indoors to polytunnel to provide shelter or the wooden gazebos in the kitchen garden to provide shelter and/or shade.</p>
<p>Working with types of soil- soil in eye, microorganisms from soil, allergic reactions to soil.</p>	M	<p>Ensure use of suitable PPE – Gloves, to prevent soil getting into any cuts/broken skin.</p> <p>Ensure thorough hand washing after session.</p> <p>First aid kit on site.</p>
<p>Handling and planting plants - Accidental cuts and scrapes - handling thorny plants – allergic reaction or skin irritation</p>	L	<p>Ensure use of suitable PPE – Gloves, to prevent plants cutting or rubbing against the skin.</p> <p>Ensure thorough hand washing after session.</p> <p>First aid kit on site.</p> <p>Ensure anyone with allergies carries specific medications.</p>
<p>COVID19</p>	H	<p>Ensure thorough hand washing and use of hand sanitiser.</p> <p>Ensure individuals don't attend if they have COVID symptoms and/or have been in recent contact with anybody who's tested positive.</p>