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A FUN AND FAST MOVING TEAM CHALLENGE TO REACH NET ZERO, GO GREEN, GET TO KNOW EACH OTHER AND DO SOME GOOD!



TEST YOUR TEAM SKILLS, REDUCE YOUR CARBON FOOTPRINT, CREATE SUSTAINABLE PLANTERS



# Race to Net Zero -Overview

- You have a Green Portfolio of tasks to complete
- Each task can earn points which will reduce your carbon footprint
- One point is the equivalent of a tonne of CO2 emissions
- You have \*xxx tonnes of carbon emissions to lose today
- The team which gets closest to net zero by the end is the winner
- Your goal is to get to Net Zero as a whole team
- Reduce your emissions using the points gained with each task
- Penalty points may add to your carbon emissions so watch out!
- Your Kermit Joker to use on a task of your choice to double up points
- You must play Kermit before starting the task of your choice
- \* Your company target or the average UK household actual

## IRACE TO ZERO

# Sustainable Planters

Design and create a sustainable planter that depicts your team's creativity and commitment to achieving Net Zero. The planter is donated to an NHS hospital to boost wellbeing and biodiversity.





into the bucket in the quickest time wins





Ten questions to identify which actions you can take at home that will have the most impact on reducing your carbon footprint



What steps will you take to reduce your carbon footprint? Note them on your recycled cardboard feet and pose in the group "Footprint photo"

#### Pots of Plants

Set up and operate a production line to make a large number of plant pots during three x 3-minute production runs using the recycled newspapers. Then, fill with plants for NHS gardens.



# Sustainable Planters

Design and create a sustainable planter that depicts your team's creativity and commitment to achieving Net Zero. The planter will be donated to an NHS hospital for staff, patients and visitors to boost wellbeing and biodiversity.



Seeds of Success.

Devise a method for moving the seeds as quickly as possible through the drainpipes to drop into the container. The team which empties all of the seeds into the bucket in the quickest time wins





Ten questions to identify which actions you can take at home that will have the most impact on reducing your carbon footprint





You are supporting

Forest of Hearts

- Hideaway We are creating a five-acre protected green haven near Stratford upon Avon which will provide much needed eco education and a valuable retreat for the community
- Hospitals We create and maintain beautiful Gardens of Wellbeing for local NHS hospitals and care homes to benefit staff, patients and biodiversity
- **Health and wellbeing** We run a green therapy group which delivers over 1000 hours each year to improve mental health and reduce isolation

All funding from corporate events helps us make an impact in these three areas. Thanks to recent supporters:













#### Some feedback

- Very friendly and engaging. Unusual tasks feel like I've learned something.
- Today has been such a fun day. The staff were great and our team enjoyed the day.
- Very well organised event. Made enjoyable and interesting by facilitators. Great time had by all.
- Great day. Really enjoyed it. The tasks were enjoyable and I like the fact that we contributed to the hospital gardens.
- Wonderful hosts/facilitators. Felt welcomed and included throughout. Thank you! ©
- Great activities and very well organized. Thank you.
- Very engaging. Amazing day. Thank you.
- ENERGISING AND FUN.
- Enjoyed all activities. Great fun. Venue was lovely.
- It's been a great day. Felt energetic with laughter. Thank you.

### What's included?

# Fees are £500 per team of 4 (minimum of 3 teams per event) and the price includes:

- Preparation and agreeing objectives
- Design and facilitation of the event
- Development of tasks and aligning with your objectives
- Management of the event and photography
- Team challenge activities
- All materials and plants (then donated to NHS hospitals)
- Social media posts (if desired) to promote success
- Public liability insurance
- Team prizes
- 100% of fees go to support Forest of Hearts projects including <a href="https://forestofhearts.com/green-therapy">https://forestofhearts.com/green-therapy</a> and our tree planting projects.