

Thank you for volunteering with Forest of Hearts. As the patron of the gardens at Stratford upon Avon Hospital I want to pass on my appreciation for your help and support.

The gardens provide a beautiful and relaxing place for the NHS staff, patients and visitors to enjoy. You are also supporting projects which provide gardening training, volunteering and qualifications for local members of the community who are experiencing mental health or learning difficulties.

***Together, we can make a big difference.***

*David Bradley, Actor*



Thank you for helping us to:



**Improve mental health  
and wellbeing**



**Conserve the natural  
environment and build  
biodiversity**



**Build employment,  
training and education  
opportunities**

[www.forestofhearts.com](http://www.forestofhearts.com) 02476 470382 [carolelongden@forestofhearts.com](mailto:carolelongden@forestofhearts.com)

<https://www.instagram.com/forestofhearts/>

<https://twitter.com/ForestofHearts>

<https://www.facebook.com/ForestofHeartsStratford/>



# **Forest of Hearts**

**Improving wellbeing, building biodiversity  
in edible gardens**

**Welcome to Volunteers**

# Induction Checklist

By whom

Date

Hours of work, dates

Hospital volunteer registration

History of organisation & team

Policies

Confidentiality

Emergency procedures, fire procedures, security

First Aid

Health and Safety

Volunteer role(s) Tick those you would like to do

Gardening  Watering  Tree Planting  Propagating  Weeding

Apple picking  Deliveries  Social Media  Photography  Blogging

Facilitating  Training  Other



What do you want to achieve?



# Your personal details

	Your name and address
	Mobile and email
	Emergency contact name and mobile
Please sign here if you consent to your photo being taken and uploaded on to Forest of Hearts website and social media	Photo consent