



Happy Monday!  
6<sup>th</sup> March 2023



# Carole Longden



# Aim

- To explore how team building activities can be a key part of organisational life and lead to improved team performance

# Some customers



BIRMINGHAM  
ROYAL BALLET





# Task – Pots of Plants Challenge



## Aim

To make a large number of eco plant pots to propagate plants later for future living walls that will live at local hospitals

## Standards

- The plant pots must be similar to the sample provided in terms of size and quality.

## Process

- Set up and operate a production line to make a large number of plant pots during three x 3-minute production runs using the raw materials provided.
- Show your estimates to the facilitator ahead of each production run
- Please plan your production to make minimum waste and unfinished work: unfinished work cannot be carried forward as 'work in progress' since this would invalidate the production run comparisons.

Production Run	Estimate	Actual	Work in Progress
Run 1			
Run 2			
Run 3			
Total			



# Task – Pots Instructions



1. Take one page of newspaper



2. Find a jar and a pen



3. Fold the page into thirds on the long side and place the jar on the edge of the page



4. Use the jar to roll the paper until you create a cylinder shape.



5. Push the newspaper into the jar and take out the jar. Use a pen to push it out if needed.



6. Place the jar back in the cylinder (with the solid end facing down) to firm in the bottom of the paper pot, making sure there are no gaps.



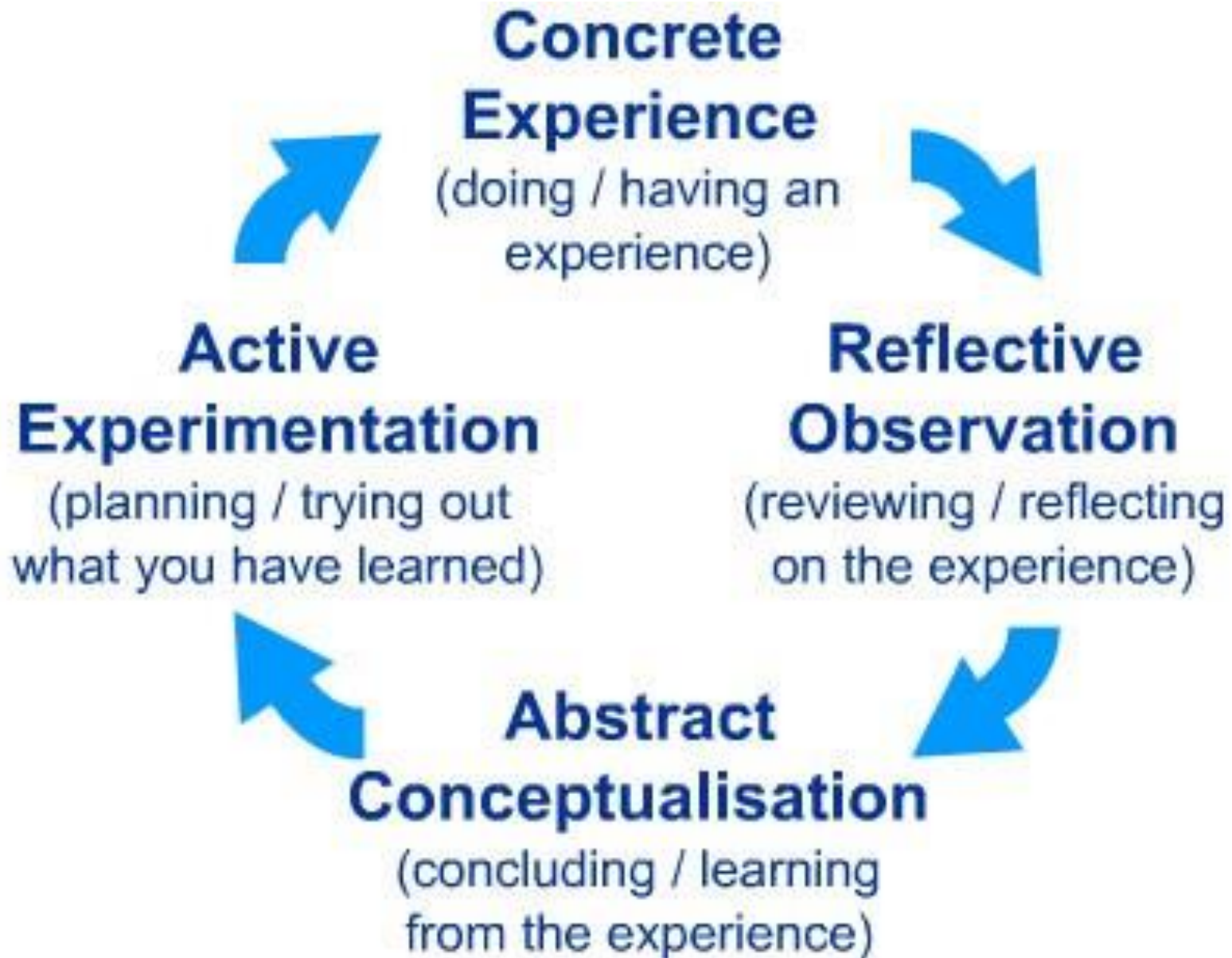
7. There you have your Eco Pot to fill with compost and seeds/cuttings!

# Review

- What went well and who or what helped?
- What didn't go well and why?
- What can we do to improve next time?
- What lessons can we apply back at work?



“Learning is the process whereby knowledge is created through the transformation of experience” (Kolb, 1984).



## Thinking Roles



Plant



Monitor Evaluator



Specialist

## Action Roles



Shaper



Implementer



Completer Finisher

## People Roles



Coordinator



Team Worker

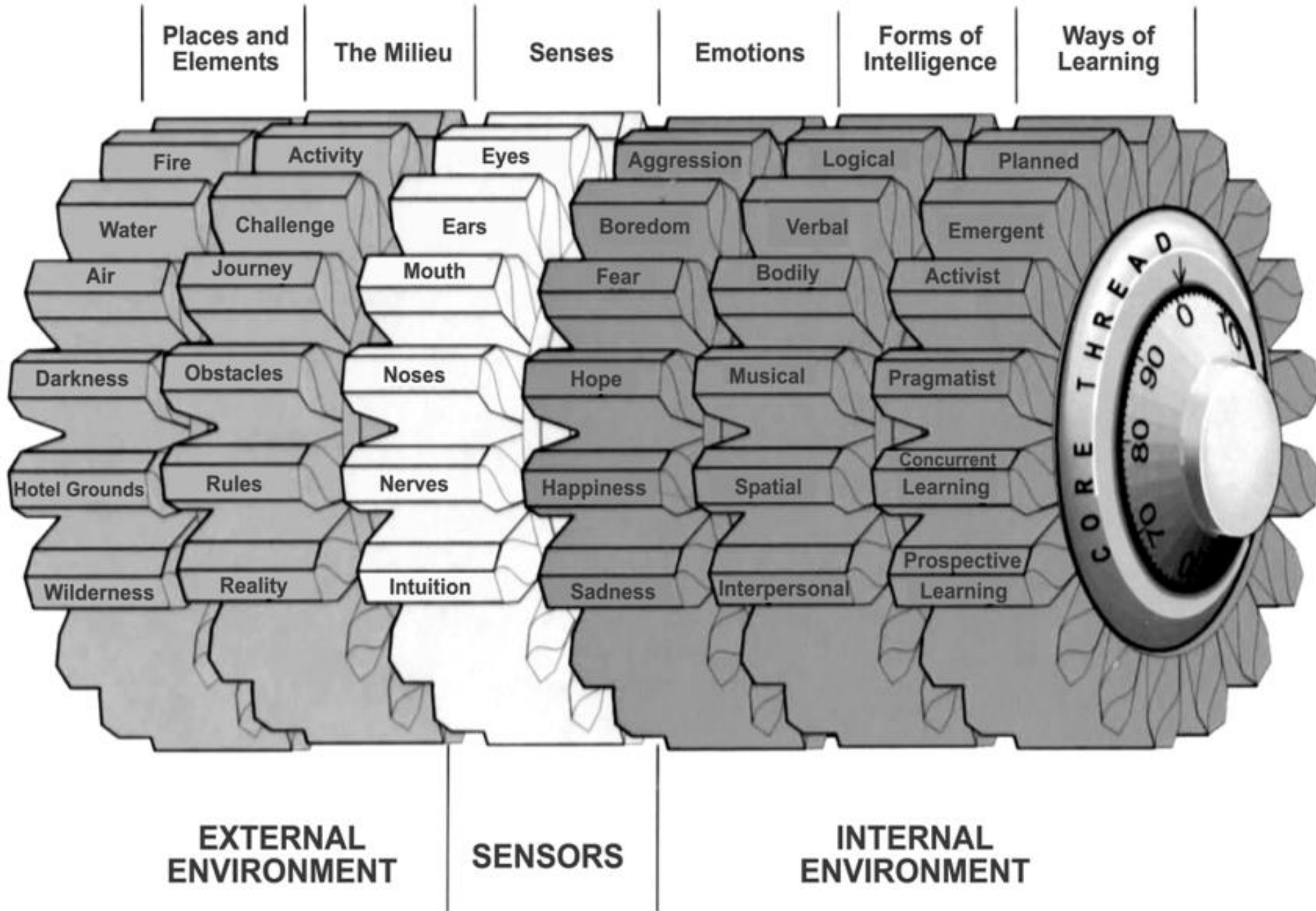


Resource Investigator

BELBIN TEAM ROLES

Move the flipchart

# Beard and Wilson - Learning combination lock



## 1. Aims

- Have some fun
- Get out of comfort zone
- Share director's message
- Support a charity
- Achieve a common goal
- Improve collaboration

## 2. Who

- Young, energetic
- Able and mobile
- 23-40 year – mixed group

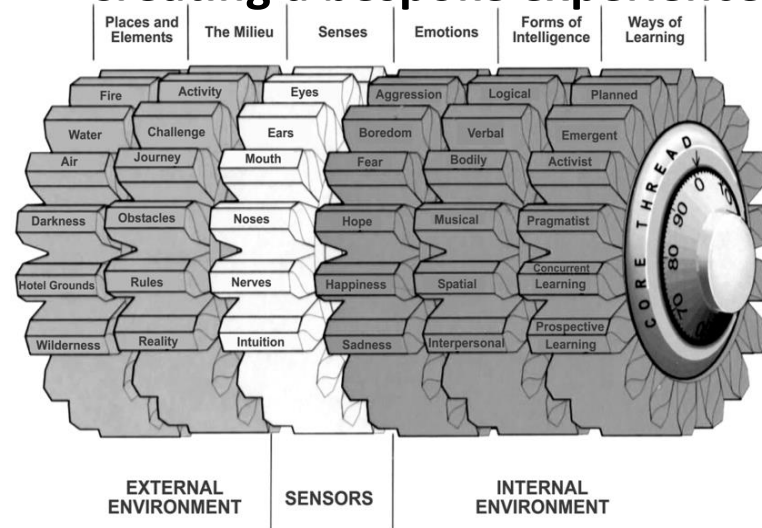
## 3. Form of activities

- Fast paced & inventive
- Mix of indoor/outdoor
- Digital & practical
- Team tasks
- Problem solving & creative

## 7. Outcomes

- Remember key messages
- Support the charity
- Adopt trees /orchard/bee hive
- Meet CSR/ESG goals
- People share stories
- Create a plan for collaboration

## Creating a bespoke experience – the process



## 5. Themes

- Competitive /Challenge /Collaborate
- Shakespeare/History
- Environment/Low carbon/Nature

## 5. Start and end

- Business presentation
- Food, drink, social
- Celebration
- Reward & recognition

## 4. Location options

- Midlands urban and/or rural
- Stratford upon Avon
- Forest of Hearts
- Welcombe /Riverside





LONDON  
SPEAKER  
BUREAU



**HERSHEY**  
THE HERSHEY COMPANY



Forest of Hearts

*Coca-Cola*  
EUROPEAN PARTNERS







# RACE TO ZERO

A FUN AND FAST MOVING ROUND TABLE TEAM CHALLENGE TO REACH NET ZERO, GO GREEN AND DO SOME GOOD!



Power of Wind



Pots of Plants



Seeds of Success

COMPETITIVE TASKS TO TEST YOUR TEAM SKILLS AND REDUCE YOUR CARBON FOOTPRINT



**BAT**

# SUSTAINABLE DEVELOPMENT GOALS

3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



15 LIFE ON LAND



Forest of Hearts



Event Cow

For people and planet to profit

*We are focusing on four key global goals*



## Team Building - The BIG Picture

Main Themes	Outdoor Neutral Tasks	Indoor Neutral Tasks	Work-Based Tasks & Tools	Diagnostic & Review Tools	Locations	Specialists
Any Theme of Choice	Bottle Out	Balloon Tower	Checklist	Belbin Team Roles	Anywhere Near to You	Aikido
Business Excellence	ChainGang	Barcode	Delegate a Task	Coaching Skills	Bradgate Park, Leicester	Antiques
Change Management	Codebreaker	Build a Buggy	Dingbats	Communication Styles	Barston Graveyard	Clay Pigeon
Communication	Flagpole	Darts	Force Field	CPD Report	Bulls Head, Meriden	Blind Driving
Creativity	Game of Skill	Desert Survival	Gantt Chart	Delegation Style	Clay Wood	Disability
Customer Service	Gridlock	First Aid Demos	GROW	End of Day Review	Coombe Abbey	Drumming
Decision Making	Hoop La	Game of Skill	I got News for You?	Influencing Styles	Dirty Duck, Stratford	Environmental
Growth	Identify and Classify	Gobblydygook	Life Size Model	Leadership Review	Dovedale	Falconry
Influencing	Illustrated Map	Keep Fit	Mementos	Leadership Styles	Edgbaston Priory Club	Fly Fishing
Investors In People	Labyrinth	Kites	News Report	Learning Styles (Full)	Hay Wood	4 Wheel Driving
Leadership	Nuclear Reactor	Musical Instruments	Newsletter	Learning Styles (Short)	Hartington YHA	Garden Design
Listening	Orienteering	Paper Cups	OSCAR	Listening Skills	Hatton	Golf
Motivation	Pandora's Box	Paper Pads	PEST	Motivation	Kenilworth Castle	First Aid
Problem Solving	Quality Journey	Penny Pitch	Poster/Montage	NLP Preferences	Packington	Health & Safety
Process Improvement	Skyhook	Profitable Bridge	RISK assessment	Personal Development Plan	Pasture Farm	Juggling
Profitability	Surveillance	Profitable Tower	Skills Share	Presentation Skills	Ragley	Media Training
Project Management	Survey and Report	Puzzle Corner	Skills Survey	Task Review	Rudyard Lake	Movie Making
Quality	Towards the Goal	Scale Diagram	SWOT	Team Effectiveness	Stonebridge Golf Course	News Reporting
Sales	Treasure Hunt	Wine Bottle Suspended	TV Advert	Teamworking Review	Stratford	Quad Biking
Time Management	Water Torture	Words Without Words	Who Wants to be a Winner	Work Based Assignment	York Race Course	Twitching

How could Forest of  
Hearts team building  
activities lead to  
improved team  
performance?



Thanks [carolelongden@forestofhearts.com](mailto:carolelongden@forestofhearts.com)  
Good luck and enjoy your time here 😊